

# Chiropractic - treating far more than Back & Neck Pain

**T**his healing art, science and philosophy founded over a century ago, is now the largest natural health care profession in the world.

Whilst most of us know it's well documented that Chiropractic can help headaches, neck pain and low back



pain, it is less well known and not yet documented in the same scientific fashion that many people through the years are convinced it has helped conditions such as ear infections, asthma, colic, bed wetting, hearing problems, digestive and menstrual problems and even infertility.

Stephanie Ling (pictured below left), an enthusiastic Chiropractic patient at Horsham's award winning BritChiro Clinics shares her experience: "I first went to BritChiro because I was suffering with headaches and neck and shoulder pain. After quite some time of feeling uncomfortable, my boyfriend, who has been going to BritChiro for many years, finally persuaded me to try them. I have been going regularly ever since. The adjustments are never painful - I actually look forward to them because it means I will feel better afterwards! I hardly ever get headaches anymore, and my shoulder pain comes back only when I'm stressed. But I know when it does I can quickly get myself set right again. Since going I feel in such good health generally - I hardly ever get bugs and colds, and my chiropractor is more my GP than my actual GP! Everyone is always friendly and helpful, and I never struggle to get an appointment. I would, and do, recommend them to everyone. My boyfriend's sister took her new born baby for a check up on our recommendation."

Stephanie Ling - Manager of a Retail Jewellery Store, West Chilmington.

Sounds too good to be true? We asked Clinical Director Peter Westergaard, Founder of the award winning Chiropractic Clinic group, BritChiro Clinics to explain this amazing form of treatment.

"The reason Stephanie feels in such good health generally following her Chiropractic treatment is because when

nerves are no longer pinched they are better able to send life's messages. When nerves are no longer pinched, your brain and internal organs are likely to begin to function more efficiently and the healing process may begin on many levels. Many patients report that they feel more relaxed, more peaceful and aware



that the old tensions or stress they've been carrying for many years begin to dissolve. Whilst generally it is a gradual step by step process, many report an immediate change in symptoms - less or no pain, better movement, more upright posture and more energy."

## The Horsham clinic

is located at 13 West Street, Horsham (above Costa Coffee).  
Reception can be contacted on **(01403) 275 000**.

## The Horley clinic

is located at 68 Victoria Road (opposite HSBC Bank).  
Reception can be contacted on **(01293) 823 444**.

For more information, visit **[www.britchiro.com](http://www.britchiro.com)**

