> “The first visit included the taking of X rays and I was really impressed with the extremely detailed and thorough analysis of the problem..... I was confident that I was in safe hands and that if any course of treatment was going to avoid the need for risky surgery, this was it... ”

Help for Back Pain, Sciatica, Hip & Leg Pain

Cowfold couple Neil Williams & Jan Wright pictured here with their Chiropractor Peter Westergaard have no hesitation in recommending Chiropractic treatment at BritChiro

'I visited BritChiro suffering from severe sciatic pain and finding it difficult to walk and impossible to stand up straight. The first visit included the taking of X rays and I was really impressed with the extremely detailed and thorough analysis of the problem - it turned out that I had longstanding damage to my lower spine. However, I was confident that I was in safe hands and that if any course of treatment was going to avoid the need for risky surgery, this was it. I had the first adjustment straight away and now, five weeks into the three month period of treatment, the pain is much reduced, I feel more flexible and am back to taking the dog for a two and a half mile walk every morning. So, I am very grateful to Peter and other members of the team and would not hesitate to recommend BritChiro to friends and family'.
Neil Williams, Electronics Engineer, Cowfold

'I had been suffering from severe hip and leg pain and was becoming less and less mobile. After only two weeks of treatment with Peter the pain has virtually gone and I am far more mobile and flexible. I would not hesitate to recommend BritChiro to friends and family.'
Jan Wright, Town Clerk, Cowfold