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# TAKING AWAY THE PAIN

Chiropractic treatment for all ages

**F**ar too often pain is blamed on age. But a slight pinching of the nerves in our spine is responsible for so much of the pain we experience during the course of our life.

When a restricted joint is given a chiropractic adjustment and the nerve is no longer pinched, you feel better because it is better – whether you are 98 or just three weeks old. Enthusiastic chiropractic patient Tracy Nace shares how chiropractic has benefited her and her children

“I have received regular treatment from BritChiro for almost four years. I used to suffer with low back pain and arm pain, but both of these issues are now resolved and kept under control with regular treatments.

“The atmosphere in the clinic is both professional and friendly. Dr Clarke is very knowledgeable and easy to talk to. Three of my children have also received treatment. My son had a badly broken

arm which need three surgeries, but the doctors at BritChiro helped him dramatically with the healing process.

“My eldest daughter had treatment towards the end of her pregnancy, including her baby receiving a check-up once my granddaughter was born. This enabled my daughter to feel peace of mind that her baby was properly aligned following the birth.

“Lastly, my youngest daughter received help for issues ranging from help with breathing due to her asthma, joint pain in her hands and also stopping her from getting up in the night to use the bathroom. The latter was a bonus since that wasn’t the original reason for the visit.

“I would always recommend chiropractic to anyone. It has definitely helped me and my family. One thing I never realised was how it helps you to maintain a healthy immune system. I can’t remember the last time I had a cold!”



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